



# Sulabha Trust for Special Education & Research

*Making Life Meaningful*



## 47<sup>th</sup> Annual Report

1st April 2025 to 31st March 2026

8/3, Tilak Nagar, Chembur, Mumbai - 400 089. Tel. 25229660 / 25289644 / 8976815050

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Registered under the Societies Registration Act XXI of 1860 - Regn No. BOM. 548/78 GBBSD  
Bombay Public Trust Act XXXIX of 1950 Regn., No. F-5236 (BOM)

## BOARD MEMBERS

### TRUSTEES

- |                         |                             |                      |
|-------------------------|-----------------------------|----------------------|
| 1) DR. MANILAL GADA     | 2) MRS. JAYASHREE JAMBHEKAR | 3) MRS. MANJULA GADA |
| 4) MR. SURESH JAMBHEKAR | 5) ADV. MEDHA BEHERE        |                      |

### DONOR TRUSTEES

- |                   |                            |                     |
|-------------------|----------------------------|---------------------|
| 1) MR. AMRUT GADA | 2) DR. MAHESH BHATAWADEKAR | 3) MR. ASHWIN GUDKA |
|-------------------|----------------------------|---------------------|

### MANAGING COMMITTEE

- |                              |                  |                              |                   |
|------------------------------|------------------|------------------------------|-------------------|
| 1) DR. MANILAL GADA          | (President)      | 7) DR. MAHESH BHATAWADEKAR   | (Member)          |
| 2) MRS. MANJULA GADA         | (Vice President) | 8) DR. DIPTI SHAH            | (Member)          |
| 3) MRS. NANDANA BHATAWADEKAR | (Gen. Secretary) | 9) MRS. ANURADHA JATAR       | (Member)          |
| 4) MRS. MANALI GUDKA         | (Jt. Secretary)  | 10) CA MONIKA GADA           | (Co-opted Member) |
| 5) MR. RAHUL BHADBHADE       | (Treasurer)      | 11) MRS. SULABHA KARUNANIDHI | (Co-opted Member) |
| 6) MR. DHANANJAY PATWARDHAN  | (Jt. Treasurer)  |                              |                   |

### INTERNAL COMMITTEE (IC)

- |                                           |                         |
|-------------------------------------------|-------------------------|
| 1) MR. DHANANJAY PATWARDHAN<br>(CHAIRMAN) | 4) MR. RAHUL BHADBHADE  |
| 2) MRS. MANJULA GADA                      | 5) MRS. RASHMI DESAI    |
| 3) ADV. MEDHA BEHERE                      | 6) MRS. REKHA BHOJANE   |
|                                           | 7) MRS. KIRAN DESHPANDE |

## Visit by Mr. John Pearson, Global CEO DHL





# 47th ANNUAL REPORT

## SULABHA TRUST FOR SPECIAL EDUCATION AND RESEARCH

1<sup>st</sup> April 2025 to 31<sup>st</sup> March 2026

### HIGHLIGHTS 2025-26

1. **Mr. John Pearson, CEO DHL Global Mr.Ken Lee, CEO DHL Asia pacific, Mr. Subramanian** of DHL Express India Pvt.Ltd with DHL Volunteers visited the Sulabha Trust for Special Education and Research on 7<sup>th</sup> October 2025. He expressed his satisfaction.
2. **Shaneshwar Kalel**, student got a **gold medal** in Special Olymics State level selection in Fulsal game on 7<sup>th</sup> January 2026.
3. The school won the **best participating school trophy in Indoor Games for 22<sup>nd</sup> time** by Inner Wheel Club of North Island.
4. Ex-Student, **Vikram Shelke** successfully **passed SSC exam** held in March 2026 securing 1<sup>st</sup> class.
5. Twelve girl students and Trainees **tied Rakhis to Army Jawans** at the Military Camp, Kalina, Mumbai on 4<sup>th</sup> August 2025.
6. **Website** of the School was revised. [www.sulabhaspecialschool.org](http://www.sulabhaspecialschool.org).
7. Students and Staff of the Sulabha Special School and Vocational Training Centre **participated in Mumbai Half Marathon** organised by NEB on 17<sup>th</sup> August 2025 at Jio World Garden.
8. DHLE-IT conducted a informative **programme on Cybersecurity** on 18<sup>th</sup> September 2025 for parents and Students of Computer literacy class.
9. Dr. Manilal Gada gave a lecture on **Medical Emergency in special school and actions to be** taken on 24<sup>th</sup> November 2026 for teachers.
10. Mrs. Binaifer Sahakar, Psycho-therapist conducted a **workshop on stress management and team building** for teachers on 20<sup>th</sup> Sept 2025.
11. **‘Sitare Zameen Par’ movie** was specially screened for 110 students of Sulabha Special School, VTC & their parents at Odean Theatre Sponsored by Dr. Manilal Gada and Manjula Gada on 03.07.2025 Lions Dist. 323/A2 Governor Trevor Martis and District Secretary Jude Lobe were also present.
12. Lecture by **Dr. Shobha Sivaramkrishnan, Developmental Pediatrician from UK** delivered on ‘Sex Education in Children with autism’ to parents & staff of Sulabha Centre for Autism in September 2025.

## OBITUARY



### **DONOR TRUSTEE KANTILAL SAVLA 1940 - 2025**

Kantibhai was a kind, loving, and social person who touched the lives of many. He was especially known for his unmatched memory - he remembered each and every person he met and every place he visited throughout his life. His warmth, generosity, and ability to connect with people made him deeply loved by all who knew him.

Kantibhai actively participated and guided us for all activities and functions of Sulabha Trust for Special Education and Research.

Kantibhai will be remembered with great affection.

Sulabha Trust for Special Education and Research will forever miss him.



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### 47th ANNUAL REPORT

1<sup>st</sup> April 2025 to 31<sup>st</sup> March 2026

It is with immense pleasure and gratitude that I present the 47<sup>th</sup> Annual Report of Sulabha Trust for Special Education and Research.

We at Sulabha Trust for Special Education and Research are working hard towards our vision of “Making Life Meaningful for our Special Children”.

We are indeed grateful to our Philanthropic Donors and Well-Wishers for their generous support in helping us achieve this goal.

Our Trustees, Managing Committee Members, Life Members, dedicated teachers and staff have contributed in a big way in this long journey.

We pray for the same support from all our esteemed Donors in the years ahead.

My Sincere Thanks to one and All.

**MRS. NANDANA BHATAWADEKAR**  
(Hon. Gen. Secretary)



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## 1. SULABHA SPECIAL SCHOOL

The Sulabha Special School is registered with Commissioner of Disabilities Maharashtra State and gets grant in aid.

**All teachers are qualified and registered with the Rehabilitation Council of India (RCI)**

**1) The Sulabha Special School has following staff :-**

|                      |   |    |
|----------------------|---|----|
| Headmistress         | - | 01 |
| Special Teachers     | - | 06 |
| Physical Education   | - | 01 |
| Non-Teaching Staff   | - | 04 |
| Hon. Medical Officer | - | 01 |
| Administrative staff | - | 01 |

**The School has 94 Students (67 Boys + 27 girls)**

This year 18 students were admitted in the school. All students are grouped as per their level of education in the following 8 Groups.

|                              |   |       |
|------------------------------|---|-------|
| 1. Hindi Primary I           | - | 11    |
| 2. Hindi Primary II          | - | 12    |
| 3. Marathi Primary           | - | 08    |
| 4. Marathi Secondary         | - | 10    |
| 5. Intermediate Group        | - | 11    |
| 6. Pre-Prevocational Junior  | - | 10    |
| 7. Pre-Prevocational Senior  | - | 12    |
| 8. Prevocational Homescience | - | 12    |
| 9. Students with Autism      |   | 08    |
|                              |   | <hr/> |
|                              |   | 94    |



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83 Students received scholarship from Mumbai suburb District Empowerment Department for Persons with Disabilities.

Art Therapy sessions are conducted once in a week. School and sports uniforms were distributed to deserving students of the school. 9 students completed 18 years of age and graduated from the school.

### 1.1: Continued Rehabilitation Education of Teachers (CRE)

#### 1. Mrs. Rekha Bhojane

- a) attended CRE program on Advancing Autism Support, Assessment, Intervention and Emerging Trends. from 13<sup>th</sup> May to 15<sup>th</sup> May 2025
- b) Inclusive Pedagogy for Children with Disabilities. from 27<sup>th</sup> October to 29<sup>th</sup> October 2025.

#### 2. Mrs. Darshana Jambhavadekar attended a CRE on Inclusive Pedagogy for children with Disabilities. from 25<sup>th</sup> to 29<sup>th</sup> October 2025.

#### 3. Mrs. Shubhangi Phadtare attended the following CRE'S

- a) Inclusive Teaching Practices of Children with Diverse Learning Needs. from 26<sup>th</sup> May to 28<sup>th</sup> May 2025.
- b) Curricular Activities at School Level Special Schools for Children with Hearing Impairment, on 23<sup>th</sup> and 24<sup>th</sup> June 2025.
- c) Inclusive Pedagogy for Children with Disabilities. from 27<sup>th</sup> October to 29<sup>th</sup> October 2025.

#### 4. Mrs. Janhvi Dixit attended the following CRE programmes

- a) Navigating the Spectrum in Autism Case and Education. from 2 and 3 April 2025.
- b) Early Identification and Intervention for Children with Developmental Delays. from 21<sup>st</sup> July to 23<sup>rd</sup> July 2025.
- c) Inclusive Pedagogy for Children with Disabilities. from 27<sup>th</sup> to 29<sup>th</sup> October 2025.

#### 5. Mr. Someshvar Tambat attended CRE on Training on NIEPID DISHA Curriculum from 12 to 14<sup>th</sup> February 2026.



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### 1.2: Awards and Felicitation of Teachers

1. **Mr. Anantram Patil** and **Miss Urmila khurdiya** were felicitated by Lions Club of Mumbai Ghatkopar of Galaxy for Teachers Day on 16<sup>th</sup> September 2025.
2. Headmistress, **Mrs. Rekha Bhojane** was felicitated by Rasika Ranjani Sabha Mumbai.
3. Headmistress, **Mrs. Rekha Bhojane** received Aadarsh Mukhya-dhyapika the state level award, organised by Change Foundation Shirdi, on 28 September 2025.
4. **Mr. Sunil Ade** received the state level award organised by The Change Foundation Shirdi on 28<sup>th</sup> September 2025.
5. Headmistress, **Mrs. Rekha Bhojane** and **Mr. Sunil Ade** were felicitated by Lions International District 32311/AI on 5<sup>th</sup> October 2025 for the World Teachers Day.
6. **Mrs. Darshana Jambhavadekar** and **Mrs. Shubhangi Phadatare** were awarded the Navkshitij Empowerment Excellence Award - 2025

### 1.3: Lectures and Seminar :

On 24th November 2025, Dr. Manilal Gada Senior Psychiatrist guided all school teachers on what to do in the event of a medical emergency involving students at school and how to document it on 24<sup>th</sup> November 2025.

### 1.4: Functions & Festivals:

1. **International Yoga Day:** School celebrated International Yoga Day on 20th June 2025. Students and their parents participated in a joint Yoga session. The conducted by Mrs. Harsha Dadia from a loins club.
2. **Rakashabandhan** was joyfully celebrated. The event was graciously sponsored by the Lions club of Mumbai Ghatkopar Galaxy.
3. **Independence Day:** On 15 August 2025, Flag hosting was done by the Chief guest Professor Bhavna Ansari, President of Inner wheel club of Ghatkopar and the Guest of honour was Lyness Chetna Vedpathak, President of Lions Club of Pantnagar. Students presented March Past, Mass Drill, Group Song, Speeches. Uniforms were distributed to needy students.



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4. **Teacher's Day:** was Observed on 20th September 2025, a workshop on stress management and team building was organized in the school for all staff. The speaker was Mrs. Binaifer Sahukar senior psychotherapist.
5. **Navratri:** Saraswati pooja and Garba was conducted in the school for Navratri on 30<sup>th</sup> September 2025.
6. **Diwali Festival :** 1) Diwali festival was celebrated by lighting sparklers on 14<sup>th</sup> October 2025. Snacks were given to the students.  
2) Tapovan School Students celebrated Diwali festival with our school students. (25 students) on 16<sup>th</sup> October 2025.
7. **International Day of Persons with Disabilities:** 22 students participated in District Level Athlete Meet on 3rd December 2025.  
2) An awareness rally was organised around the school premises on 3rd December 2025, International day for Disability Day in which students, parents and teachers participated. Decorating caps was organised for all students in the school on the same day.
8. **Christmas:** 1) 19 students went for the Christmas party at Jingles Playgroup and Nursery, Ghatkopar on 19<sup>th</sup> December 2025.  
2) The Christmas party was held in the school on December 24<sup>th</sup> 2025, the chocolates and snacks were sponsored by the 'Lion Lady Auxiliary of Mumbai Uptown.'
9. The 77th **Republic Day** was celebrated in the school on 26th January, 2026. On this occasion the National Flag was unfurled by Mrs. Pallavi Gurav, special teacher.
10. **World Down syndrome Day :** World Downs Syndrome Day was observed on 23rd March 2026 in the school.

### 1.5: **Program for Parents:**

1. Awareness Programme on Menstrual Hygiene for the mothers of girls aged 10 years was arranged on 9<sup>th</sup> September 2025. Dr. Alpa Thakkar answered the questions/ Queries asked by parents.
2. The session on Cybersecurity was conducted by DHL India for the Parents and students of the Sulabha Computer literacy program on 18<sup>th</sup> September 2025.



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## 1.6: Healthcare:

1. Distributed Grains to needy students
2. Sanitary napkins - were distributed to the girls students every month.
3. Protein supplements - were distributed to the students by Hexagon Nutrition Ltd. to students participating in the sports
4. Medical check-up-was held by Dr. Alpa Thakkar for eligibility of students in sports.
5. Oral hygiene check-up - was held on 27th March 2026 in the school by Dr. Mahesh Bhatawadekar, Dr. Kerul Zaveri, Dr. Sonali Shah and Dr. Darshika Kelkar.

## Appreciation Letter from Smt. Vanita Dhuri, Headmistress, Rochiram Thandani High School for Hearing Handicapped, Chembur





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### 1.7: Competitions:

#### A] Sports :

| Sr.No. | Date                   | Sports / Event                                        | Organised                            | No.of Participants | Medal                  |
|--------|------------------------|-------------------------------------------------------|--------------------------------------|--------------------|------------------------|
| 1      | 07-07-2025             | State Selection, Table Tennis, Pune                   | Special Olympics Bharat, Maharashtra | 02                 | Gold 2                 |
| 2      | 25-07-2025             | State Level Selection Swimming, Pune                  | Special Olympics Bharat, Maharashtra | 02                 | Gold 2                 |
| 3      | 02.08.2025             | Dr. A.V. Mehta Memorial Carrom Tournament Malad       | Dr.A.V. Mehta Trust                  | 08                 | Participation & Gift   |
| 4      | 3.8.2025 to 7.8.2025   | National Swimming Championship 2025 Kandivali, Mumbai | Special Olympics Bharat, Maharashtra | 02                 |                        |
| 5      | 17.08.2025             | Half Marathon Jio Garden                              | NEB                                  | 21                 | Participation          |
| 6      | 3.10.2025 to 7.10.2025 | National Selection Camp Basketball, Odisha            | Special Olympics Bharat, Maharashtra | 01                 | Medals & Participation |
| 7      | 08.11.2025             | State level Table Tennis Championship Malad, Mumbai   | AWMH                                 | 17                 | Bronze -1              |



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|    |                        |                                                |                                        |    |                                                                                      |
|----|------------------------|------------------------------------------------|----------------------------------------|----|--------------------------------------------------------------------------------------|
| 8  | 14.11.2025             | Para Sports Athletic meet, Kandivali           | Rotary Club of Borivali                | 20 | Gold = 5<br>Silver = 10<br>Bronze = 1<br>Fourth = 1                                  |
| 9  | 03.12.2025             | Interschool Athletics Meet, Mumbai             | Empowerment of Disabled Mumbai Suburbs | 22 | Gold = 3<br>Silver = 3<br>Bronze = 4                                                 |
| 10 | 19.12.2025             | Athletic Meet                                  | Jamnabai School, Vileparle             | 34 | Silver = 2<br>Bronze = 1                                                             |
| 11 | 02.01.2026             | State level Selection & game for futsal Kalyan | Special Olympics Bharat, Maharashtra   | 03 | Silver = 1<br>Bronze = 1<br>Gold = 1                                                 |
| 12 | 07.1.2026 to 11.1.2026 | National Futsal Selection Camp Faridabad       | Special Olympics Bharat, Maharashtra   | 01 | Silver = 1                                                                           |
| 13 | 10.1.2026 to 11.1.2026 | State Level athletic meet Nagpur               | Special Olympics Bharat, Maharashtra   | 02 | Gold = 1<br>Bronze = 1                                                               |
| 14 | 13.01.2026             | Indoor Games                                   | Inner Wheel Club of Northisland        | 23 | 1 <sup>st</sup> Prize = 10<br>2 <sup>nd</sup> Prize = 6<br>3 <sup>rd</sup> Prize = 4 |

### B: Other Competitions / Events :

| Sr. no. | Date       | Organised by                       | Name of Competition | No. of Participants | Results                                                              |
|---------|------------|------------------------------------|---------------------|---------------------|----------------------------------------------------------------------|
| 1       | 24/07/2025 | Concern India Foundation Organized | Drawing Competition | 16                  | Silver -1<br>Bronze -1<br>Participation<br>Certificates all Students |

## ANNUAL DAY



## ACTIVITIES OF THE TRUST



Screening of Sitare Zameen Par



Half Marathon



Felicitation of Shri Sunil Ade by Be the Change Foundation



Felicitation of Headmistress Rekha Bhojane by Be the Change Foundation



Athletics Meet



National Game FUTSAL



Cyber Security Awareness



Exhibition at Cipla Vikroli

## ACTIVITIES OF THE TRUST



Saraswati Pooja



Nav Bharat Saksharta Programme for Parents



3rd December 2025 - World Disabled day



Table Tennis Coaching Inauguration



DHL volunteer in Vocational Training Centre



State Athletics Meet



Raksha Bandhan at Army Campus



## ACTIVITIES OF THE TRUST



Making Coasters



Stencil work on Bag



Drawing competition at concern India



Graduation function



World Yoga day



Lecture on Medical Emergency



World Down's Syndrome Day



Cooking Class for Parents



Teachers Day Program on Stress Management



Felicitation of Teachers by Lions Club Ghatkopar Galaxy



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- 1) **Table Tennis** friendly Super League Association inaugurated the coaching for our students in Trust premises on 2<sup>nd</sup> December 2025.

This is sponsored by Rotary Club of Mumbai, Ghatkopar.

- 2) **Badminton** is held once week at jolly gymkhana.
- 3) **Swimming** coaching is held twice a week.

### 1.8: Educational Tours & Visits

- 1) Sulabha Special School students were visited to the Xeno's play space at Ghatkopar on 23<sup>rd</sup> January 2026.
- 2) Students of Sulabha Special School visited the Tilak nagar Railway station and Tilak Nagar Post Office for educational visits
- 3) 25 students travelled by Aqua Metro from Bandra to Cuffe Parade and return as educational trip on 18<sup>th</sup> March 2026.

### 1.9: Annual Day:

- 1) 47<sup>th</sup> Annual Day was celebrated at Zaverben Auditorium, Ghatkopar East on 1<sup>st</sup> March 2026, All school students participated in the program. Dr. Jatin Shah was the chief Guest and Mr. Shekhar Iyer was the Guest of Honour. Prizes for the Best student of the year, Swimming and Athletics were distributed by the Guest.
- 2) Annual Prize Distribution Ceremony was held on January 19<sup>th</sup> 2026. During the event, nine students were honored with the 'Best Student' award from their respective groups. Two students received special recognition, winning the 'Best Student in Art' and 'Best Student in Craft' awards. The Chief Guest for the function was Mr. Mukesh Shah, President of the Bombay Flour Merchants

### 1.10: Exhibitions:

- 1) Exhibitions were held at Centrum, Santacruz on 26-09-2025
- 2) Fine Arts, Chembur on 29.09.2025.
- 3) Bunter Bhavan, Kurla on 07.10.2025
- 4) Puma, Vikhroli on 07.10.2025.
- 5) DHL Pvt. Ltd. Andheri, Chakala, and Byculla on 14.10.2025.
- 6) VP International School on 14.10.2025.



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### 2. DEEPAKKUMAR LALJI CHHEDA SULABHA VOCATIONAL TRAINING CENTRE FOR MENTALLY HANDICAPPED

- **Deepak Kumar Lalji Chheda Sulabha Vocational Training Centre** is registered with Commissioner of Disabilities, Maharashtra state Pune and gets in grant aid.
  - There are 30 Trainees ( 18 to 35 Years),
- STAFF :**
- Administrative Superintendent & Special Educator - 1
  - Vocational Instructor - 2
  - Workshop assistant - 1
  - Total - 4
  - 11 new trainees were admitted to the centre this year.
  - 30 trainees received scholarships from the Assistant Commissioner of Disabilities, Mumbai Suburban.

**Trainees are trained in the following trades depending on their abilities :**

**Trades in the Vocational Training Centre: -**

- New Trade : Decorative Glass candals and Mobile Charms were started.
- Making Jewellery Toran and Door hangings, Decorating Rangoli and Kumkum vati.
- Incense sticks and Dhoop sticks.
- Operating pedal looms & handlooms to make floor swabs, kitchen napkins, place mats & Sari quilts.
- Office Files - Spring Clip files, Ordinary clip and Lace Files
- Envelopes – Office, Small and A-4 Size Envelopes
- Paper cup Making.
- Screen Printing on Files
- Embroidery, hand painted and Tie and Dye Handkerchieves



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### 2.1: Continued Rehabilitation Education of Teachers (CRE)

1. **Mrs. Rashmi Desai** attended 'Advancing Autism Support Assessment, Intervention' and Emerging Trends at, Pune, from 13<sup>th</sup> May 2025 to 15<sup>th</sup> May 2025

### 2.2: Functions and Festivals

- 1) **International Yoga Day** was observed on 20.06.2025. Trainees and their parents participated in yoga session conducted by Mrs. Harsha Dadia from Lions Club.
- 2) **Rakshabandan** was celebrated with enthusiasm on \_\_\_\_\_. Gifts were sponsored by Lions Club of Ghatkopar Galaxy.
- 3) **Independence Day** was observed on 15<sup>th</sup> August 2025 Flag hoisting was done by Prof. Bhavna Ansari, President Inner Wheel Club of Ghatkopar and Lyness Chetna Vedphathak, President Lyness Club of Pantnagar. Students performed march past, Drill and group song and gave speeches. Uniforms were distributed to needy students.
- 4) **Teacher's Day** function was held on 20<sup>th</sup> Sept 2025. A workshop on stress management and team building was organised for all teacher by senior Psychotherapist Mrs. Binafer Sahukar.
- 5) **Saraswati Pooja** was performed and students enjoyed playing garba for Navratri on 30<sup>th</sup> sept 2025.
- 6) **Diwali Festival** was celebrated by lighting sparkler and lighting lamps on 14<sup>th</sup> October 2025.
- 7) The Trainees participated in the athletic meet held on 3<sup>rd</sup> December 2026 to observe International Day for Persons with Disability.  
On same day an awareness rally was held in around the Trust premises at Tilaknagar by Trainees and staff.  
An activity of decorating caps was held on 1<sup>st</sup> December 2025 for Trainees.
- 8) Christmas party was held on 24<sup>th</sup> December 2025.



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- 9) Flag was unfurled on Republic Day 26<sup>th</sup> January 2026 with hands of senior Teacher Pallavi Gurav.
- 10) World Down's Syndrome Day was observed on 23<sup>rd</sup> March 2026. Trainees were oriented about festivals and constitution day during the Assembly.

### 2.3: Programme for Parents:

- 1) Talk was arranged on Menstrual Hygiene for the mothers of girls aged 10 years and above was organised on 9<sup>th</sup> September 2025. Expert gave information about Menstrual Hygiene Dr. Alpa Thakkar answered the questions/ Queries asked by parents.
- 2) The session on Cyber security was conducted by DHL India on 18<sup>th</sup> September 2025 for the Parents and students of the Sulabha digital literacy program.
- 3) To Guide the parents for self-employment of Trainees at home or in job work. a workshop on cutting, Stitching and doing fabric painting was organised on 19<sup>th</sup> April 2025.

### 2.4: Health Care:

- 1) Grains were distributed to needy students.
- 2) Sanitary napkin packets were distributed to girl students every month.
- 3) Oral Hygiene checkup was done on 27<sup>th</sup> March 2026 for all the Trainees.

### 2.5: Annual Day:

- 1) The 47<sup>th</sup> Annual day was held on 1<sup>st</sup> March 2026 at Zaverben Popatlal Sabhagraha, Ghatkopar (East), Mumbai 400077. Cultural items were performed by the trainees.

Dr. Jatin Shah, Gynaecologist, Infertility specialist was the Chief Guest. Mr. Shekhar Iyer, Expert in Financial services and technology was Guest of Honor. The trainees were given prizes.



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- 2) The 47<sup>th</sup> Annual Prize Distribution Ceremony was held on 19<sup>st</sup> January 2026 at Sulabha Trust premises.

Mr. Mukesh Shah, President, Bombay Flour Merchants' Association was the Chief Guest.

Prizes and certificates were distributed to the trainees for their achievements in various activities.

### 2.6: Annual Educational Tours:

- **An Educational tour of Aqua Metro** was arranged by Sulabha Trust for special education and research. 20 Trainees and 2 staffs attended the same on 18<sup>th</sup> March 2026.
- **A makeover session** organized by Sulabha Trust for special education and research. 14 Girl trainees, 2 staff and 1 Parent attended the same. Session was conducted in the Mystery salon and spa, at Ghatkopar. On 17<sup>th</sup> March 2026.

### 2.7: Competition:

- 5 trainees participated in Concern India Drawing Competition.

### 2.8: Exhibitions and Sale of items made by the Trainees with help of staff were held at :

- PUMAENERGY, Vikhroli
- DHL Express, Andheri
- Witty International School, Borivali.
- Centrum, Santacruz.
- DHL Express, Byculla.
- Bunder Bhavan, Kurla



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### **3. RUJUTA HARDINI AMRUT GADA SULABHA EARLY INTERVENTION CENTRE**

- 1) Team : Hon Psychiatrist, Hon. Pediatrician Occupational Therapist, Special educators, Psychologist cum counsellor.
- 2) The Early Intervention Centre works thrice a week (Mondays, Wednesdays, Fridays) for two hours. The Special Educator co-ordinates for this Centre.
- 3) 17 new cases were referred to the Centre for assessment and occupational therapy. On regular basis an average of 5 students per day are taken for Occupational therapy sessions. Nine students were referred for admission to the Sulabha special school.
- 4) The Team not only focuses on the child but also family as a whole. By involving the parent in the therapy process it ensures interventions are more effective and parents become active participants in the child's development,
- 5) The special educator guides the parents for homebased activities for independence in activities of Daily living and readiness to school. Regular follow-up is ensured.
- 6) During the year the children attending the early intervention Centre were involved in Oral hygiene checkup, used the toy and book library, young athlete training once a week
- 7) Counselor guided the parents for their wards and also went for Home visits.
- 8) Parent meetings were held thrice a year to discuss about their wards progress and suggest activities for school readiness.

### **4. SMT. SAKARBEN DHARSHI MONSHI BHUJPURWALA SULABHA SPEECH THERAPY CENTRE.**

The Speech therapist takes sessions for students from Sulabha Special School, Sulabha Centre for Autism and Rujuta Hardini Amrut Gada Sulabha Early Intervention Centre on regular basis.



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### **5. SULABHA GUIDANCE AND COUNSELLING CENTRE IN MEMORY OF LATE SMT. ZAVERBEN NANALAL TALKSHI ( COCHIN)**

The Psychologist cum Counsellor attends the Centre thrice a week. New students are enrolled and referred to Rujuta Hardini Amrat Gada Sulabha Early Intervention Centre or Sulabha Centre or Sulabha Centre for Autism or to Sulabha Special School. She co-ordinates with the Headmistress of the school and other heads of sections.

The Psychologist cum counsellor regularly conducts sessions with parents for follow up and guides them, suggests activities for Home Training.

The counsellor also gives information about Niramaya Health Insurance Scheme, legal Guardianship under the National Trust and other provision / Schemes available for the persons with intellectual disabilities from Government of India and Government of Maharashtra.

### **6. ASHOK MODY SULABHA WORK CENTRE FOR DIVYANGJAN**

The Centre started in 2019, is committed to empowering individuals with disabilities by providing them with meaningful employment and skill-building opportunities. The Centre operates through out the week. The centre is guided by two instructors and one helper to support the Divyangjan in their daily work under the supervision of managing committee member. The Divyangjan create a beautiful range of handmade products, including embroidered tote bags, pouches, coin purses, macramé keychains, and beaded jewellery. These unique creations have been showcased at various exhibitions, earning an enthusiastic and appreciative response. Every artisan is paid for their work, ensuring both dignity and independence. For the upcoming festive season, the centre is preparing special gift hampers filled with handcrafted items perfect for thoughtful, purpose-driven gifting.



### 7. SULABHA CENTRE FOR AUTISM

Sulabha Centre for Autism was established in 2022 with the aim to provide specialized services for the needs of students with combined disability of Autism and Intellectual Disability.

We started with 8 students in 2022, doubled the strength to 16 students in 2023-24 and further increased the strength to 20 students in 2024-25. This year we have a strength of 23 students.

**The following therapies were provided to the students:**

One-to-one Sessions of Occupational Therapy, Speech Therapy as well as Remedial Education on a daily basis

Group sessions such as Arts based Therapy (Once a week), Physical Education and Training in Activities of Daily living as part of Creative Group sessions once a week.

Regular follow up in the form of Home program to monitor the progress of the students is done. Parental Counseling and training sessions are held on a weekly basis.

The students attended the classroom lessons with a group of 10 students in our school section. Due to the combined efforts of teachers from both the sections, 3 students have now transitioned to the school section in this academic year which is a wonderful achievement for students with this high level of disability. Another 4 students will be transitioned in the year 26-27.

Dr. Shobha Sivaramakrishnan, Developmental Pediatrician from UK continued to guide the parents as well as the therapists in overcoming the challenges they faced through online sessions on topics such as “Sex Education in Children with Autism”, as well as an app for the parents.

Dr. Dipti Shah, Child Psychiatrist conducted various workshops for the parents.

World Autism Awareness month was celebrated on 2<sup>nd</sup> April. The audience had the opportunity to understand autism not just intellectually, but *experientially*. An Interactive session was attended by volunteers from DHL Express, S&P Global and Garodia International School.



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Students also celebrated various festivals such as Diwali, Christmas, Raksha Bandhan, Navratri and Eid as well as the World Disability Day through art and craft. Students went for a picnic to Xenos Play Space with other school students.

The birthdays of the students were celebrated in the classroom.

Like every year, all the students performed on stage in our Annual Day.

### 8. SULABHA COMPUTER LITERACY PROJECT

#### **Program Overview:**

Sulabha Trust for Special Education and Research launched an online computer training program in collaboration with the Jinsiksha Project, Mumbai, for students of Sulabha Special School in March 2025.

#### **Training Modules:**

The program covered four key modules: Tally, Excel, E-commerce, and PowerPoint Presentation.

All four modules were completed successfully, and the students demonstrated excellent performance throughout the training.

#### **Implementation and Coordination:**

The program was delivered through regular virtual sessions that enabled students to work and interact with the instructor in real time. Coordination was maintained among the students, the coordinator, and the Jinsiksha instructor to ensure smooth implementation of the training.

#### **Monitoring and Support:**

At the end of each month, one offline session was conducted to address students, queries.

These sessions were followed by meetings for further planning, review, and suggestions to strengthen the program.

#### **Outcome:**

The training helped students build practical digital skills and apply the knowledge they had learned. The program reflects a meaningful effort to promote computer education and skill development among students with special educational needs.



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### 9. SOCIAL MEDIA

Sulabha Trust for Special Education and Research is now present on Social Media. To create awareness about the different activities conducted by the Trust we are now active and update regularly on Instagram, Facebook and Youtube in addition to our website. Our Instagram handle is [www.instagram.com/ Sulabha trust](https://www.instagram.com/sulabhaspecialschool) on Facebook we go as [www.facebook.com/ sulabhaspecialschool](https://www.facebook.com/sulabhaspecialschool).

Our updated website is [www.sulabhaspecialschool.org](http://www.sulabhaspecialschool.org) [https://www.youtube.com @sulabhaspecialschool8963](https://www.youtube.com/@sulabhaspecialschool8963).

### 10. VOLUNTEERING

- 1) In improving the outreach and creating awareness by any NGO, Collaboration is an important key. This year volunteers from DHLE Ltd conducted activities and whole heartedly participated in various activities at Sulabha Trust for Special Education and Research.
  - a) The IT cell of DHLE India Ltd conducted a cyber security session for parents and students.
  - b) Organised and participated in the fun Games on International Day for persons with Autism.
  - c) Participated in the International Yoga Day activity.
- 2) Volunteers of S & P Global participated in the prize distribution ceremony and cheered and encouraged the students.
  - a) Participated in the Poster making activity on World Autism Day with the students and parents.
  - b) Participated in the Annual Day of Sulabha Trust.

## RETIREMENT

### **Pallavi Gurav :(June 1992 – December 2025.)**

Pallavi A Gurav (nee Dandekar) joined Sulabha Special School in 1992 as a trained Special teacher.

She initiated in starting coaching in Swimming for our students, Roller skating. Pallavi and sports training go together with her training many students attended the District, State and National level games of Special Olympics Bharat.

Pallavi is an enthusiastic Trekker. She would organise monsoon treks for teachers & students. She also organised adventure activities like rope climbing, monkey crawl, Kayaking among others.

Pallavi also taught students the Open Basic Education (OBE) of Pratham Curriculum. She also Co-ordinated for RHAGSEIC from 2016 to 2022.

She also co-ordinated for Multimedia & Computer Training Course for students.

She is a Committed and sincere teacher.



### **Shivam P. Bangare (June 2008 to May 2025)**

Shivram Bangare joined the Sulabha Special School in June 2002 as a caretaker.

He was very sincere in his work.

A silent worker and regular in his attendance though would travel from karjat every day.

He retired from service on 31<sup>st</sup> May 2025.





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## LIST OF DONATIONS FOR THE YEAR 2025-2026

**DONATION FOR RS. 5,000/- AND ABOVE RECEIVED DURING THE YEAR 2025-2026**

| NAME OF THE DONOR                | AMOUNT   | NAME OF THE DONOR                  | AMOUNT |
|----------------------------------|----------|------------------------------------|--------|
| AAPI ARKANSAS                    | 6,17,032 | Dr. Manilal T. Gada                | 25,000 |
| Shri Laxmichand K. Kenia         | 5,00,000 | Mrs. Medha Suresh Jambhekar        | 25,000 |
| Dr. Jatin Shah                   | 3,00,000 | Mrs. Manali Gudka                  | 25,000 |
| Veeraraghavan Trust              | 2,20,000 | Mrs. Vanita Dixit                  | 25,000 |
| Mr. Nitin V. Kanaskar            | 1,12,610 | Mr. S. Rajiv                       | 25,000 |
| Eastern Rainwear                 | 1,08,000 | Mr. Suresh Jambhekar               | 25,000 |
| Innerwheel Club of Chembur       | 1,01,000 | Rashmi D. Anam                     | 25,000 |
| Mehta Advancement Foundation     | 1,00,000 | Mrs. Mrudula Praful Shah           | 25,000 |
| Ramesh Jambhekar                 | 1,00,000 | Mr. Anil K. Menon                  | 25,000 |
| Mr. Suhas K.Kshirsagar           | 79,800   | Jai Mukesh Shah                    | 25,000 |
| Mr. Kamlesh S.Mehta              | 57,000   | Nisha Mahadalkar                   | 25,000 |
| Dr. Mahesh Bhatawadekar          | 51,000   | Dr. Neha A. Shah                   | 21,000 |
| Mr. Shekhar Iyer                 | 51,000   | Mr. Param K. Mehta                 | 21,000 |
| Aniket Shrikhande Memorial Trust | 50,000   | Lions Club of Chembur Charity Fund | 21,000 |
| Pinank Mehta                     | 51,111   | Damji Devji Limda                  | 21,000 |
| Chitra Madiwale                  | 51,000   | Mr. G. M. Rao                      | 20,000 |
| J. K. Projects & Infrastructures | 51,000   | Mr. Rayomand Hilloo                | 20,000 |
| Komal Amrish Dani                | 50,000   | Innerwheel Club of Chembur         | 20,000 |
| Mr. Hasmukh Shah                 | 50,000   | Smt. Padmapriya Sridhar            | 20,000 |
| Mr. Puttu M. Gole                | 30,000   | Charulata Desai                    | 18,000 |
| Pratik Chheda                    | 30,000   | Mrs. Sushila Venkataraman          | 15,000 |
| Sun Pharma Laboratories Limited  | 30,000   | Mrs. Alpa Dherai                   | 12,000 |
| Smt. Snehlata Gupta              | 25,000   | Mrs. Kaumudi Kirit Chheda          | 12,000 |
| Siddharth Trading Company        | 25,000   | Mrs. Nandana Bhatawadekar          | 11,001 |
|                                  |          | Mahendra Doshi & Associates LLP    | 11,000 |



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| NAME OF THE DONOR                     | AMOUNT | NAME OF THE DONOR        | AMOUNT |
|---------------------------------------|--------|--------------------------|--------|
| Vipula Harish Soni                    | 11,000 | Kinjal Gala              | 5,000  |
| Hexagon Nutrition Ltd                 | 11,000 | Neil Parekh              | 5,000  |
| Mrs. Smita Bhatia                     | 11,000 | ANN Foods                | 5,000  |
| Mrs. Archana Milind Tank              | 11,000 | Rajesh Malhotra          | 5,000  |
| Dr. Digambar Tatke                    | 10,001 | Mrs. Mona Bhuta          | 5,000  |
| Mrs. Kiran Deshpande                  | 10,001 | Sushama S. Dabholkar     | 5,000  |
| Mr. Atul Londhe                       | 10,000 | Mr. Keval Karani         | 5,000  |
| Mrs. Ratna Laheja                     | 10,000 | Tarulata Kenia           | 5,000  |
| Parth Thakkar                         | 10,000 | Rajni S. Diwan           | 5,000  |
| Reshma Baliga Chopde                  | 10,000 | Lyness Club of Pantnagar | 5,000  |
| D. K. Ajmera Foundation Trust         | 10,000 | Lyness Club of Pantnagar | 5,000  |
| Ananthanarayan J                      | 10,000 | Neeta Waghani            | 5,000  |
| Rahul Rangnath Jadhav                 | 10,000 | Mr. Dilip Dodhiwala      | 2,000  |
| Sanjeevani Trust                      | 10,000 | Kruti Shah               | 5,000  |
| Aayushi Jignesh Chheda                | 10,000 | Jyoti Lalit Sheth        | 5,000  |
| Mrs. Indira Kadakia                   | 10,000 | Chetna G. Vedpathak      | 1,000  |
| Kshma Nayan Shukla                    | 10,000 | Mr. Keval Karani         | 5,000  |
| Lion Club of Ghatkopar Galaxy         | 10,000 | Shumana Pathare          | 5,000  |
| Mangalabai N. Bhatia Charitable Trust | 10,000 | Jyoti Lalit Sheth        | 5,000  |
| Gourang Navnitkumar Shah              | 10,000 | Mrs. Rekha Bhojane       | 5,000  |
| Mrs. Kalindi P. Kothawala             | 10,000 | Manisha S. Modi          | 5,000  |
| Mrs. Shubhangi Shridhar Dixit         | 6,000  | Tarulata Kenia           | 5,000  |
| Shivani Yadav                         | 5,000  | Deepak Foundation        | 5,000  |
| Mrs. Indira Parekh                    | 5,000  | Priya Tawde              | 5,000  |

| DONATIONS AMOUNTING FROM | NO OF DONORS |
|--------------------------|--------------|
| Rs. Less than 1000       | 07           |
| Rs. 1000 to 2499         | 75           |
| Rs. 2500 to 4999         | 3            |



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### WE THANK

- |                                                          |                                   |
|----------------------------------------------------------|-----------------------------------|
| 1) Commissioner of Disabilities, Maharashtra State, Pune | 8) Sponsors & Donors              |
| 2) Dr. Alpa Thakkar                                      | 9) Inner Wheel Club of Ghatkopar  |
| 3) MCGM- Arunkumar Vaidya (Swimming Pool, Chembur (E))   | 10) Inner Wheel Club of Ghatkopar |
| 4) Dr. Sonali Shah                                       | 11) Sun Pharma Laboratories Ltd.  |
| 5) Dr. Kerul Zaveri                                      | 12) S & P Global                  |
| 6) Dr. Darshika Kelkar                                   | 13) HDFC Bank                     |
| 7) Jolly Gymkhana – Vidyavihar                           | 14) Cipla                         |

### CSR FUNDS

CSR Funds Received from

- 1) DHL Express India Pvt. Ltd.
- 2) Hexagon Nutrition Ltd.
- 3) S & P Global
- 4) Shri Mahakal Education and Charitable Trust (SMEC Trust) - HDFC Small Grant Parivartan Program.

### VISITORS

- 1) John Pierson – DHL Global
- 2) Ken Lee - CEO, DHL Asia Pacific
- 3) Mr. R. S. Subramanian – CEO, DHL India Express.
- 4) Sharmil Agarwal – Swami Vivekanand Jr. College – Dept – Child Old Age & Healthcare services.
- 5) Binafer Sahukar – Psychotherapist.



## PRODUCTS MADE BY STUDENTS



Toran



Gudi Saree



Place Mat



Coin Purses



Scented Candles



Mobile Charm



Embroidered Key Chains



Wax Tablets

### TRUST HAS FOLLOWING SECTIONS

1. Sulabha Special School.
2. Deepakkumar Lalji Chheda Sulabha Vocational Training Centre.
3. Smt. Sakarben Dharshi Monshi Bhujpurwala Sulabha Speech Therapy Centre.
4. Rujuta Hardini Amrut Gada Sulabha Early Intervention Centre.
5. Sulabha Guidance and Counseling Centre in memory of Late Smt. Zaverben Nanalal Talakshi (Cochin)
6. Ashok Modi Sulabha Work Centre for Divyangjan.
7. Sulabha Centre for Autism.
8. Ashok Modi Display Centre.

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